Preface

For as long as I can remember, I have been interested in world cultures. I was privileged to grow up in a household with two teachers as parents who helped to foster mobility at their schools, and who often hosted their international colleagues and students at our home. When I graduated from high school, I took a year off to study abroad, an experience that would broaden my interest in intercultural matters and, eventually, shape my career.

For most students worldwide, however, mobility is not a reality. Due to a variety of financial, social, political, and personal constraints, global student mobility at the higher education level remained around 2.7% in 2022, the latest available statistics at the time of writing. But as our lives become more interconnected both online and offline, it is necessary for us to become more aware and understanding of diversity.

Foreign languages are tools with great potential to foster intercultural education. By learning foreign languages, students are exposed to different concepts, values, and ways of thinking. By using foreign languages, they are able to access a vast amount of information and entertainment, communicate with culturally different others, and open themselves up to a broader range of personal and professional experiences.

Still, despite the intimate link between language and culture, the latter remains on the fringe of foreign language education textbooks, particularly those aimed at students of English. Through my own experiences, first as a learner of English, and later as a teacher, I have felt that culture in textbooks is often presented at a surface level. We may learn about greetings, food, specific holidays or festivals; and while these are important, they do not necessarily deepen our understanding of the values and traditions that inform our practices and behaviors.

With this textbook, I wanted to provide students with the opportunity to make use of their foreign language education not only to explore other cultures, but also to reflect on the ways in which their own cultural upbringing has shaped their worldviews. Each unit focuses on a social topic, encouraging students to examine their own experiences and perspectives first, and then look outside their circle to find similarities and differences with others from around the globe.

Each unit is designed to expand students' language skills by providing them with vocabulary, discussion, and presentation language they may need in academic, social, and professional contexts. Reading and listening passages allow students to explore perspectives on the topic and help to build note-taking and critical thinking skills. In addition, as access to both information and disinformation increase, research skills have been included to help students navigate and be more critical of the information they come across.

This textbook has been built on a love for English and a fascination for cultural diversity. I sincerely hope that through this textbook both teachers and students alike enjoy exploring these social topics from intercultural perspectives and that they find opportunities to reflect on their cultural experiences.

Ana Sofia Hofmeyr

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This textbook was developed out of love for the English language and for interculturality, but it would not have been possible without the support of my publisher, Kinseido, who believed in this project and helped bring it to life.

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Unit Overview

Intercultural Perspectives provides a culture-integrated approach to developing English skills for academic purposes. Through this textbook, students have the opportunity to build on their overall academic vocabulary, reading, listening, and speaking skills while increasing their awareness and understanding of cultural diversity. Students are also introduced to a variety of note-taking and research skills to practice gathering, organizing, and evaluating information.

Language and culture are intimately connected. The activities in this textbook encourage students to explore intercultural values and traditions while helping them to develop greater self-awareness of their own perspectives. Teachers are invited to contribute with their own experiences and perspectives to add depth to the discussions. There are a total of 12 units, and each one is divided into seven sections, all of which provide students with the opportunity to think critically about social and global issues, and to share their opinions and views using the target language.

A Think about the topic

This section invites students to consider the topic based on their personal experiences and points of view. Students can activate the vocabulary and knowledge they have related to the topic and reflect on their own cultural values. Students typically discuss these questions in groups, and the teacher then acts as a facilitator for students to share their ideas with the class. The teacher can also help guide students to make connections between their answers and their cultural backgrounds.



B Vocabulary building

This section helps students to recall and learn relevant vocabulary that will be used throughout the unit. Each unit targets 12 vocabulary items that will be used in the reading and listening passages as well as in the discussions.

Students begin by matching the vocabulary with definitions and synonyms, and can then use the vocabulary items in context by completing the sentences. Finally, students are invited to discuss questions that include the target vocabulary, to help with retention. Teachers can help to clarify meaning, pronunciation, and expand the context of use. The vocabulary items learned are repeated in other units to increase retention rates.

C Reading

In this section, students are invited to read a short introductory passage related to the main unit theme. Following the passage, a matrix table with statements on a Likert scale is provided for students to consider how the topic relates to their own experiences, culture(s), and the country they live in. Teachers can help to facilitate the exchange of ideas, and are encouraged to share their own perspectives and experiences to add to the depth and complexity of the discussion.



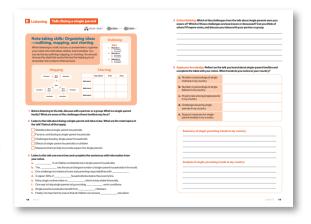
D Academic discussion / presentation skills

This section focuses on developing students' academic discussion (Units 1–6) and presentation (Units 7–12) skills. Students are encouraged to think about the contexts and ways in which discussion and presentation language are used, for instance in terms of formality, confidence level, politeness, and appropriateness. Teachers can support students by providing specific, nuanced examples using the target phrases.

A speaking activity with either intercultural discussion questions or presentation prompts is provided to allow students to use the target language while exploring the topic across cultures. Teachers can guide students as they conduct research, and should encourage students to use the target language during the discussion or presentation.

E Listening

In this section, students are introduced to a specific note-taking skill before they listen to a talk, presentation, lecture, or discussion on the topic. Listening activities are divided into pre-listening questions (to elicit students' knowledge about the topic), main topics or ideas, and details. After listening, students are encouraged to think about the content of the listening passage critically and apply the knowledge they have acquired to their own cultural contexts.

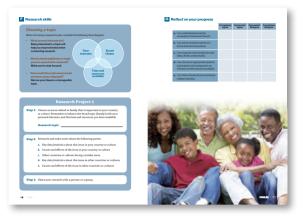


The sections to summarize and analyze information provide students with the opportunity to connect the topic to their own experiences and views, and to practice drafting analytical summaries. Teachers can guide students through techniques to summarize and analyze information effectively.

F Research skills

The research skills section aims to prepare students to research, analyze, connect, and present information related to the main topic of each unit. In this section, students are introduced to various research skills, which can then be applied to a larger research project.

The research project also encourages students to apply the intercultural knowledge they have acquired throughout the unit and can be used in class, as



homework, or as an assessment tool. Students should reflect on their own culture(s) and then connect them to others they are interested in. Despite being an EAP textbook, teachers can and should encourage students to use English as an international language and as a tool to access information about a variety of cultures, including those from countries where English is not spoken as a first language.

G Reflect on your progress

In this section, students can reflect on how much they learned through the activities in each unit. This section can also be used by teachers as a check point for clarification before moving on to the following unit.

Intercultural Perspectives into	Reading	Listening
UNIT 1 Families pp.12–19	What is a family?	Talk: Being a single parent
UNIT 2 Relationships pp.20–27	Marriage vs. Cohabitation	Presentation: Personal space bubbles
UNIT 3 Education pp.28–35	Parent and teacher roles	Lecture: The education gap
UNIT 4 Mental Health pp.36-43	Educating for neurodiversity	Discussion: Under pressure
UNIT 5 Aging pp.44–51	Respect for the elderly	Lecture: Agism
UNIT 6 Welfare pp.52–59	Atypical employment	Talk: What's in a pension?

Academic speaking skills	Note-taking skills	Research skills
Discussion skills: Asking for and sharing opinions	Organizing ideas— outlining, mapping, and charting	Choosing a topic
Discussion skills: Agreeing and disagreeing	Following main ideas, details, and examples	Brainstorming information
Discussion skills: Presenting reasons with evidence	Using keywords and short sentences	Identifying reliable sources
Discussion skills: Clarifying information	Using abbreviations	Gathering information
Discussion skills: Interrupting politely	Using numbers and symbols	Extracting relevant information
Discussion skills: Concluding a discussion	Connecting for understanding	Comparing and contrasting information

Intercultural Perspectives into	Reading	Listening
UNIT 7 Migration pp.60-67	Refugees	Presentation: Brain drain
Work-life Balance pp.68-75	After hours	Discussion: How important is your mental well-being?
UNIT 9 Media pp.76–83	Gender roles	Lecture: Freedom of expression and censorship
UNIT 10 Privacy pp.84-91	Public vs. Private	Talk: The world of social media
UNIT 11 Cyberbullying pp.92–99	Living online	Discussion: Cyberbullying laws
UNIT 12 Artificial Intelligence pp.100–107	Chatbot companionship	Presentation: Should we be regulating AI?

Academic speaking skills	Note-taking skills	Research skills
Presentation skills: Introducing the topic	Using colors to highlight information	Collecting data through surveys
Presentation skills: Signposting main ideas, details, and examples	Making a note of unclear points	Using graphs and diagrams
Presentation skills: Presenting visual information	Reviewing your notes	Summarizing
Presentation skills: Concluding a presentation	Supplementing information	Referencing sources
Presentation skills: Answering questions from the audience	Reflecting on your notes	Drawing conclusions
Presentation skills: Body posture, gestures, eye contact, and voice projection	Digital notetaking	Understanding limitations



MAIN SKILLS

In this unit, you will learn:

- Academic discussion skills: Asking for and sharing opinions
- Note-taking skills: Organizing ideas—outlining, mapping, and charting
- · Research skills: Choosing a topic

A Think about the topic

- 1 How important is family to you? Give reasons.
- 2 How important is family in your culture? Explain.
- 3 What different types of family structures are there? Give examples.

B Vocabulary building

1 Match the vocabulary items on the left side with the synonyms and definitions on the right.

1. adopt (v)		a. the legal ending of a marriage
2. constant (adj)		b. a way of trying to solve a situation
3. divorce (n)	_	c. main; most important
4. extended family (n)	_	d. to legally become the parent of someone else's child
5. household (n)	_	e. a family consisting of only the parents and their children
6. measure (n)	_	f. point of view
7. nuclear family (n)	_	g. happening without change for a period of time
8. perspective (n)	_	h. to be very important (for someone)
9. primary (adj)	_	i. something that is more important than other things
10. priority (n)	_	j. fixed or safe
11. stable (adj)	_	k. a family or a group of people who live together in a house
12. value (v)		L a family consisting of parents, children, and other relatives in the same household

2 Use	se the vocabulary from Exercise 1	to complete the sentences.		
a.	Julian lives with his mother's side.	, including his grandparents on his		
b.	Tom lives with his father and three	e brothers, so they are a male-only		
C.	After 10 years of marriage, my par and now live separately.	rents decided to get a(n)		
d.	that will the number of security cameras.	be taken to keep the campus safe is increasing		
e.	Poverty is a(n)	_concern for many countries.		
f.	. My parents decided to	me when I was around two years old.		
g.	Sophia's main	_after college is to get a good job.		
h.	. He was in an accident, but his con	ndition is now		
i.	Jin always thinks about problems	from a political		
j.	It's just me and my parents, so we	It's just me and my parents, so we are a modern		
k.	The noise of	the city at night prevents me from sleeping well.		
		ecklace that used to belong to my grandmother.		
3 Use	se your vocabulary: Discuss these o	questions with a partner or a group.		
a.	. Including you, how many people be	elona to vour household ?		
	What are your top priorities at the			
		countries to adopt children in your country?		
C.	y vinacio your primary goanor men			







What is a family?

Family is usually regarded as a primary institution, fundamental to society, but what is a family? Sociologists agree that there are various types of families, including nuclear families, extended 5 families, and single-parent families. Families may not be connected by blood—for instance, couples may choose to get a divorce and remarry, building blended families, or to adopt children. In the U.S., research by the PEW Research Center (2021) showed that 10 the number of childless families could continue to increase as the percentage of non-parents who say they will probably not have children increased from 37% in 2018 to 44% in 2021. Similarly, in Japan, the government estimated that up to 42% of women born in 2005 might not have children (Nikkei, 2023), a trend also present in various other East Asian countries.

1 Consider the passage about family. To what extent do you agree with the following

statements?	Completely agree	Somewhat agree	Somewhat disagree	Completely disagree
Nuclear families are common in my culture.				
b. Parents are expected to be married in my culture.				
c. Close friends can be considered family despite not being related by blood.				
d. In the country where I live, it is common for people to adopt children.				
In the country where I live, more and more young people would rather not have children.				

2 Discuss your answers to the table above with a partner or a group. Provide reasons and concrete examples whenever possible.

D Academic discussion skills

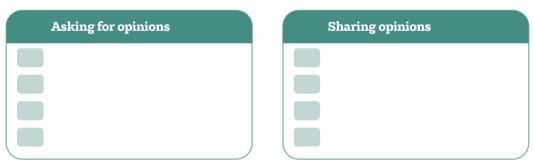
Asking for and sharing opinions

Asking for and sharing opinions is fundamental to any discussion and should be supported by reasons and evidence whenever possible. The language we use to ask for and share our opinions will vary depending on the context of the discussion and on the participating members.

1 Consider the expressions below, used for asking for and sharing opinions. Which of the following expressions are used in more formal (F) or informal (IF) contexts?

Asking for opinions	Sharing opinions
Do you have any views on?	If you ask me,
How do you feel about?	I tend to think that
Your thoughts?	It seems to me that
Have you got any comments on?	I'd say that
Do you believe that?	For me,
What do you think about?	Personally, I feel that
What's your opinion on?	Well, if you ask me

2 What other expressions to ask for and share opinions can you think of? Make a note as to whether they are used in formal (F) or informal (IF) contexts.



- 3 Intercultural discussion: Consider the questions from an intercultural perspective, prepare notes, and discuss your ideas with your partner or group.
 - **a.** What kinds of families are more common in your country? Why do you think that is? Consider various social, economic, and political factors.
 - **b.** Have there been any big changes to family structures in your country in the past 50 years? Give examples.
 - **c.** Research one other country or culture that you are interested in. What kinds of families are popular? How is it similar to and/or different from your own country or culture? Give reasons and examples.

Note-taking skills: Organizing ideas —outlining, mapping, and charting

When listening to a talk, lecture, or presentation, organize your notes into main ideas, details, and examples. You can do this by outlining, mapping, or charting. You should choose the style that works the best for helping you to remember the content of the lectures.

Outlining

Topic

- Main idea 1 Example 1
 - b. Example 2
- 9 Main idea 2
 - a. Example 1b. Example 2
 - Main idea 3
 - Example 1 a. Example 1b. Example 2

Mapping	Charting

E	xample 1	Main idea 1	Example	2
		I		
		Topic		
Example 1	Main idea 2		Main idea 3	Example 1
	Example 2		Example 2	

	Description	Pros	Cons
Main idea 1			
Main idea 2			
Main idea 3			

- 1 Before listening to the talk, discuss with a partner or a group: What is a single-parent family? What are some of the challenges these families may face?
- 2 Listen to the talk about being a single-parent and take notes. What are the main topics of the talk? Select all that apply.
 - Statistics about single-parent households
 - Factors contributing to single-parent households
 - Challenges faced by single-parent households
 - Effects of single-parent households on children
 - Measures that can help to provide support for single parents
- 3 Listen to the talk one more time and complete the sentences with information from your notes.
 - a. ______ % of children worldwide live in single-parent households.
 - has the second largest number of single-parent households in the world.
 - c. One challenge is to balance home and parenting responsibilities with ____
 - d. In Japan, 56% of _____households live below the poverty line.
 - e. Many single mothers take on , which is less stable financially.
 - f. One way to help single parents is by providing _____ work conditions.
 - g. Single parents would also benefit from _____ childcare.
 - h. Finally, it is important to ensure that all children can receive ____ education.

awa	Critical thinking: Which of the challenges from the talk about single parents were you aware of? Which of those challenges are less known or discussed? Can you think of others? Prepare notes, and discuss your ideas with your partner or group.		
		talk you heard about single-parent families and hat trends do you notice in your country?	
a.	Number or percentage of single mothers in my country		
b.	Number or percentage of single fathers in my country		
C.	Poverty rate among single parents in my country		
d	Challenges faced by single parents in my country		
e.	Support measures for single- parent families in my country		
	Summary of single-parenting tr	ends in my country:	
	Analysis of single-parenting tre	nde in my country:	

F Research skills

Choosing a topic

When choosing a research topic, consider the following Venn diagram:

- What are you interested in?
 Being interested in a topic will help you stay motivated when conducting research.
- What is the broad theme or topic you are expected to research?
 Make sure to stay focused.
- How much time and resources do you have at your disposal?
 Narrow your ideas to a manageable topic.



Research Project 1

Step 1: Choose an issue related to family that is important in your country or culture. Remember to balance the broad topic (family) with your personal interests, and the time and resources you have available.

Research topic:

- **Step 2:** Research and make notes about the following points:
 - a. Key data/statistics about this issue in your country or culture
 - **b.** Causes and effects of the issue in your country or culture
 - c. Other countries or cultures facing a similar issue
 - **d.** Key data/statistics about this issue in other countries or cultures
 - e. Causes and effects of the issue in other countries or cultures
- **Step 3:** Share your research with a partner or a group.

G Reflect on your progress

	Completely agree	Somewhat agree	Somewhat disagree	Completely disagree
a. I can understand and use the vocabulary introduced in this unit.				
b. I can ask for and share opinions in formal and informal contexts.				
c. I can organize notes visually into main ideas, details, and examples.				
d. I can choose an appropriate research topic based on the assignment, my interests, and the resources available.				
e. I can think critically about social issues related to families.				

